

WEEK 20



FORAGED FOODS

THALLI FOODS

We are delighted to be working with Thalli foods, a husband and wife team who began foraging in the UK for Miles Irving at Forager Ltd., Britains lead supplier for foraging food.

Now situated in Co. Clare, west of Ireland, they will send us a weekly list of available products going forward. Please see this week's list below. Deliveries on Thursday and Friday. As with all things foraged supply is limited, so they work on a first come, first served basis. Codes created upon request of product.

| CODE | DESCRIPTION |
|----------|------------------------------|
| 14329 | Chervil Wild- Foraged (100g) |
| 14335 | Ramsons / Wild Garlic |
| 14374 | Wild Watercress |
| 14386 | Spruce Shoots |
| 14361 | Wood Sorrel |
| NEW CODE | Stinging Nettles |
| 14370 | Rock Samphire / Sea Fennel |
| 14376 | Sea Beet |
| 14372 | Sea Purslane |
| 14388 | Sea Sandwort |

MOURNE LARDER

Paul Cunningham has started a small business harvesting wild herbs from the Mourne mountains located in County Down, and now we deliver it to your doorstep.

ORDER THIS FRIDAY FOR DELIVERY NEXT WEEK

| CODE | DESCRIPTION | AVAILABILITY |
|-------|---|---------------------|
| 14189 | Mourne Larder Channelled Wrack (100g) | All year |
| 14196 | Mourne Larder Sea Beet Foraged (100g) | All year |
| 14195 | Mourne Larder Sea Purslane Foraged (100g) | All year |
| 14197 | Mourne Larder Wood Sorrel Forged (100g) | All year |
| 14191 | Mourne Larder Ground Elder Foraged (100g) | (March - Oct) |
| 14193 | Mourne Larder Scots Pine Foraged (100g) | (September - March) |
| 14194 | Mourne Larder Scurvy Grass Foraged (100g) | (September - March) |
| 14187 | Mourne Larder Pennyworth Foraged (100g) | (October - March) |

LA ROUSSE FOODS LTD

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